



# Infant Daily Schedule:

<p>8:00 - 9:00 AM</p>	<p><i>Reminder: first feeding is at home</i>          Good Morning! Arrival &amp; Handwashing          Meal Times (as appropriate, per child's schedule)*          Teachers and children engaged in interactive play</p>
<p>9:00 - 9:30 AM</p>	<p>Diapering &amp; Handwashing*          Dance Party!! and then Formula/Breastmilk/ AM Snack before nap</p>
<p>9:30 - 11:30 AM</p>	<p>Rest/Nap Time (<i>Infants 6 months- 15 months</i>)</p> <p>Educational Play (<i>Infants 15 -18 months</i>):</p> <ul style="list-style-type: none"> <li>♦ Fine Motor</li> <li>♦ Gross Motor</li> <li>♦ Music &amp; Movement</li> <li>♦ Outdoor Activities</li> <li>♦ Sensory/Discovery</li> <li>♦ Story/Circle Time</li> </ul>
<p>11:30 AM - 12:30 PM</p>	<p>Diapering &amp; Handwashing*          Meal Time* / Lunch</p>
<p>12:30 - 2:30 PM</p>	<p>Educational Play (<i>Infants 6 months- 15 months</i>):</p> <ul style="list-style-type: none"> <li>♦ Tummy Time</li> <li>♦ Fine Motor</li> <li>♦ Gross Motor</li> <li>♦ Music &amp; Movement</li> <li>♦ Outdoor Activities</li> <li>♦ Sensory/Discovery</li> <li>♦ Story/Circle Time</li> </ul> <p>Meal Times (as appropriate, per child's schedule)*</p> <p>Rest/Nap Time (<i>Infants 15 -18 months</i>) with toddlers when ready for nap mats</p>
<p>2:30 - 3:00 PM</p>	<p>Diapering &amp; Handwashing*          Nutritious Snack Provided by Dr. Day Care</p>
<p>3:00 - 4:30 PM</p>	<p>Rest/Nap Time (<i>Infants ages 6 weeks- 15 months</i>)</p> <p>Meal Times (as appropriate, per child's schedule)*</p> <p>Educational Play (<i>Infants 15 -18 months</i>):</p> <ul style="list-style-type: none"> <li>♦ Fine Motor</li> <li>♦ Gross Motor</li> <li>♦ Music &amp; Movement</li> <li>♦ Outdoor Activities</li> <li>♦ Sensory/Discovery</li> <li>♦ Social-Emotional &amp; Language Development</li> </ul>
<p>4:30 -6:00 PM</p>	<p>Diapering &amp; Handwashing*          Quiet Activities</p> <ul style="list-style-type: none"> <li>♦ Story Time</li> <li>♦ Music &amp; Movement</li> <li>♦ Learning Projects when age appropriate</li> </ul> <p>Prepare for Departure according to individual pick-up time</p>

\*Feeding Infants requires our partnering with parents to set smart meal time / schedules. Diapers are changed every 1-2 hours and as needed. This schedule is a general guideline. The individual needs of each infant will be considered.